

## OAC 5122-29-17 (CPST)

- **Community Psychiatric Supportive Treatment (CPST)** service provides an array of services delivered by community based, mobile individuals or multidisciplinary teams of professionals and trained others. Services address the individualized mental health needs of the client. They are directed towards adults, children, adolescents and families and will vary with respect to hours, type and intensity of services, depending on the changing needs of each individual.
- **The purpose/intent of CPST services** is to provide specific, measurable, and individualized services to each person served. CPST services should be focused on the individual's ability to succeed in the community; to identify and access needed services; and to show improvement in school, work and family and integration and contributions within the community.
- **Activities of the CPST service shall consist of one or more of the following:**
  - **1.** Ongoing assessment of needs.
  - **2.** Assistance in achieving personal independence in managing basic needs as identified by the individual and/or parent or guardian.
  - **3.** Facilitation of further development of daily living skills, if identified by the individual and/or parent or guardian;
  - **4.** Coordination of the ISP, including:
    - **A.** Services identified in the ISP.
    - **B.** Assistance with accessing natural support systems in the community; and
    - **C.** Linkages to formal community service/systems.
  - **5.** Symptom monitoring.
  - **6.** Coordination and/or assistance in crisis management and stabilization as needed;
  - **7.** Advocacy and outreach;
  - **8.** As appropriate to the care provided to individuals, and when appropriate, to the family, education and training specific to the individual's assessed needs, abilities and readiness to learn.
  - **9.** Mental health interventions that address symptoms, behaviors, thought processes, etc., that assist an individual in eliminating barriers to seeking or maintaining education and employment and;

- **10.** Activities that increase the individual's capacity to positively impact his/her own environment.

## **OAC 5160-1-01 (Medical Necessity)**

Medically necessary services are defined as services that are necessary for the diagnosis or treatment of disease, illness, or injury and without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of functions, dysfunction of a body organ or part, or significant pain and discomfort.

### **What is Medical Necessity?**

- A medically necessary service must:

1. Meet generally accepted standards of medical practice;
2. Be appropriate to the illness or injury for which it is performed as to type of service and expected outcome;
3. Be appropriate to the intensity of service and level of setting;
4. Provide unique; essential and appropriate information when used for diagnostic purposes;
5. Be the lowest cost alternative that effectively addresses and treats the medical problem and;
6. Meet general principles regarding reimbursement for Medicaid covered services found in OAC 5101-1-02.